



Bathing Etiquette

For Japanese people, taking a bath is not only for keeping their body clean but also for refreshing their body and mind. Public bathhouses, where people share common baths with others, represent a bathing style unique to Japan. Most facilities have separate bathrooms for men and women. To bathe with others, it is recommended that one be considerate of other bathers.

<How to take a bath>

Rinse your body before entering into a bath. Soak yourself in the bath, then relax and warm yourself up. After getting out of the bath, wash your body. Make sure to wash off shampoo and soap before you soak yourself in the bath again. Dry your body quickly before you exit from the bathroom.

Do not take a bath with swimsuits or towels on. (Except facilities that require wearing swimsuits.)



Do not remain standing while you shower or rinse yourself, as this is inconsiderate to other bathers.

Do not use towels and/or soap in the bath.



Do not unplug the bathtub before or after bathing.