

# How to Ragoshima's Hot Springs (Onsens) bathe in and enjoy a hot spring

Kagoshima City has some of the best hot spring resorts in Japan. Many public baths and baths of Western and Japanese style hotels are equipped with a natural hot spring. Here are ways to fully enjoy the hot springs of Kagoshima City.



# How to enjoy an onsen with the proper manners

An Onsen is shared by many. To fully enjoy it, observe the rules and good manners. Do not make a mess. Do not be noisy. Share the joy of the onsen politely and kindly with others. Do not forget to hydrate yourself after your bath.



# How to enjoy an onsen and good manners No. (

You pay the fee beforehand at most establishments. Buy a ticket at the vending machine and hand it to reception or "bandai" (explained below). (In some establishments, cash payments are made.) Take off your shoes at the entrance.



# column



# What is "bandai"?

It is a high watch stand (or someone who is sitting there) just inside the entrance. You pay the fee and buy any toiletries you may need

# How to enjoy an onsen and good manners No.

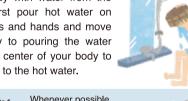
Take off your clothes in the locker room. If there are coin lockers, put your valuables in one of them.



You cannot take a bath while wearing a swimsuit, underwear or a bath towel (This excludes spas where



Before you enter the water, rinse your body with water from the bath. First pour hot water on your toes and hands and move gradually to pouring the water near the center of your body to get used to the hot water.

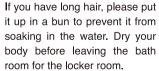




Whenever possible, please conserve the water

Please be aware that taking a shower or pouring hot water over yourself while standing is likely to annoy others around you.

# How to enjoy an onsen and good manners No. 4





Se careful, Do not use soap or a face Do not wash your laundry

> Please do not pull the plug out of the tub during or after taking a bath.

# Please try many of the different types of baths!

Some establishments have an outdoor bath or sauna. Try one and discover your favorite.



# Outdoor bath

Feel nature directly and heal your mind and body while soaking in a bath set in the open or outdoors.



# Sauna

You sweat profusely sitting in a heated room. Make sure to take off all metal items beforehand because they become very hot and may burn you. Saunas are occasionally accompanied with a cold-water bath to cool you down afterward.

# Private (family) bath

These baths are for families, or couples because you have it all to yourselves. The private baths are also recommended for those who do not want to be naked in front of strangers. Reservation may be necessary.

# Footbath

Usually set up outdoors or in the open the footbath offers the comfort of soaking vour legs and feet in warm water. It is recommended for a short rest while you are sightseeing.



# The categories of the hot springs in Kagoshima.

Onsens come in different spring qualities (categories). Here are the four types of hot springs available in Kagoshima City.

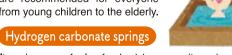


# What is an onsen?

The Hot Spring Law of Japan defines a hot spring as either hot water, mineral water, steam or other gases welling up from the earth that is either 25 degrees Celsius or hotter at the source, or contains certain concentrations of dissolved substances.

# Simple hot springs

The less stimulating hot springs are recommended for everyone from young children to the elderly.



It makes you feel refreshed because it works like soap. removing dead skin and cleaning out pores.

# Chloride spring

Chlorides contained in the spring water kill bacteria, help wounds to heal and coat your body to keep warmth inside.

## Sulfate spring

It helps your system calm down, lowers blood pressure and has a positive effect on arteriosclerosis.

# **Enjoy** hot springs and stay fit!

Hot springs have various benefits. They help vou recover from fatique and stay fit. Here you will find common benefits and risks.

# -Benefits-

Hot springs have a beneficial effect on the following:

- •Chronic muscle or joint pain or tension
- Poor blood circulation
- Poor gastrointestinal mobility
- Autonomic instability
- Stress-induced symptoms
- Recovery from fatigue
- Promotion of good health



# -Risks -

You must not bathe in a hot spring if you have:

- •a disease that is in an active phase (particularly if you have a fever);
- •a serious cardiac or pulmonary disease because of which you find yourself out of breath during the lightest of physical exertion;
- •external bleeding; or
- •a chronic disease that is in an acute exacerbation period.

conditions that may turn harmful if you



Visit an Onsen by Kagoshima City View Bus!

# Kagoshima City Center Day Tripper's Onsen Map

The Kagoshima City View Bus takes about 80 minutes to tour major sightseeing spots located in Kagoshima City. Onsens are located near most City View bus stops. Kagoshima City is one of the most famous hot spring (onsen) resort areas in Japan so why not experience an onsen here and expose yourself to Japanese culture?

Toiletries S R 🦙 B 🔳 D



4 This will be shown if a facility is wheelchair access 5 This will be shown if the onsen water is drinkable

Opening Hours \*Excluding special occasions such as mid-summer Obon season and New Year holidays Closed \*\*Excluding special occasions such as mid-summer Obon season and New Year holidays Parking lot capacity \*The following fees apply: adults (12 years or older), elementary school children (between 6 and 12),

(1) Spring quality (2) Bath Type (B) Toiletries \* Dark color: free, light color: charged colorless not available Shampoo R Conditioner R two-in-one shampoo BSoap TTowel DHair dryer

and children (vounger than 6 years).

Accommodation with onsens -000000 Drinkable Obtain silky smooth skin hloride springs

Website \*This website belongs to the facility (i) Written only when accommodation is available Address (3) Check-in and check-out time **1)**Bath fee for day trippers \*Bath fee and service hours / days **P**Spring quality (3) Bath Type

\*\*Private bath may require reservation or an extra fee

> S Shampoo R Conditioner kwo-in-one shampoo BSoap TTowel DHair dryer



Shimizu Junior High School

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**Kagoshima City View bus** fare information

※Buses may not operate due to public events

Fees: 13 and over, 230 ven / 12 and under, 120 ven One-day ticket: 13 and over, 600 yen / 12 and under, 300 yen

\*One-Day Pass allows unlimited rides for the day on all city trams/buses (except Sakurajima Island View buses).

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4 This will be shown if a facility is wheelchair accessible This will be shown if the onsen water is drinkable

(A)Toiletries ©Dark color:free, light color:charged, colorless:not available

● 薬師温泉 Yakushi Onsen

●薩摩黒温泉 山華

€099-295-3406

22-5, Kamitatsuo-cho Kagoshima City

10:00AM-11:00PM (enter before 10:00PM)

Closed

Parking

Satsuma Kuro Onsen Sanga

Spend quality time in luxurious greenery at this modern onsen opened in November 2019

This onsen is good for maintaining beautiful skin and it is loved by the local community

Fee 60min ¥4.000/room (¥4.500 with sauna)

pring quality Simple hot springs, weakly alkaline (plant-based moor springs

(Shigaraki ware bath, natural stone bath, tile bath), sauna

🖺 🖪 🔳 \*Lotion and other amenities available free of charge

Address Opening hours

¥460/13yrs and over, ¥150/7-12yrs, ¥80/6yrs and under Spring quality Chloride springs

General bath, electric bath, sauna, cold water bath, air bubble bath SRSBTD

●霧島温泉

Kirishima Onsen

€ 099-222-4311

A popular onsen with an interesting design reminiscent of the Showa era

Address Opening hours 6:00AM-10:00PM Closed



Fee ¥460/13yrs and over, ¥150/7-12yrs, ¥80/6yrs and unde

Spring quality Chloride springs Bath Type General bath, light electric bath, sauna, cold water bath oiletries S R 👇 B T D

Continued on the Sakurajima Page

● 観光案内所

TEL.099-208-4701

● 城山ホテル鹿児島 展望露天温泉 さつま乃湯

4 SHIROYAMA HOTEL kagoshima Open-Air Satsuma-no-Yu

You can enjoy a wonderful view of

Sakurajima and downtown Kagoshima

Kagoshima City Opening hours



Adult (16+): ¥3,500 (incl. bath tax), 13-15: ¥3,350, 7-12: ¥1,750, Under 7: ¥800 [All tax-inclusive prices] 3 yo and under are free / 1:00PM-9:00PM

Spring quality Hydrogen carbonate springs

Bath Type General bath, sauna, open-air bath, cold water bath,private bath (1 room) Toiletries S R 🦙 B T D

みやこ温泉

Miyako Onsen

A natural onsen with beautifying properties

Address Opening hours 1st and 3rd Mondays (open if it is a holiday, and Parking



¥460/13yrs and over, ¥150/7-12yrs, ¥80/6yrs and under

ring quality Hydrogen carbonate springs

General bath, electric bath, air bubble bath, light electric bath sauna, cold water bath oiletries SR 🥱 B T D

●ホテルニューニシノ

8 Hotel New Nishino

€ 099-224-3232 IIP https://new-nishino.co.jp

A natural onsen with a Finnish-style sauna

Opening hours (overnight: ¥1000 and up)



Accommodation for a s room per night: ¥6,400 -

,000/adults (morning discount for ¥1,200, special discount for ¥1,600 (120 mir ly), These services are complimentary for Hotel guests / Opens: Weekday: nly), These services are complimentary for Hotel guests / Opens: Weekday AM-12AM/Sundays7AM-10PM/The Bath and Sauna are designate exclusively for men except for once a month when they are exclusively for women Spring quality Sodium chloride springs

Bath Type General bath, air bubble bath, Finnish sauna (Loyly), sauna steamed with bincho charcoals, cold water bath

Toiletries S R 🥱 B T D

ies SR 🦬 B T D

**Tourist** 

**Information Center** 

**Tourist Information Center** 

C Kagoshima City Tourist Information Center

(D) Kagoshima Sightseeing Guide Station

An onsen located next to the place of

¥500/13yrs and over, ¥250/12yrs and under (Same fee for private bath)

An onsen in the city center. A 15 minute

walk from downtown Tenmonkan

General bath, cold water bath, private bath (7 rooms)

(A) Kagoshima Chuo Station

**B** Tourism Exchange Center

(Tenmonkan location)

5 Yunoyama Onsen

Saigo Takamori's demise

●天然温泉 湯乃山

€ 099-227-2641

Address 12-1 Shiroyama-cho, Kagshima City

Opening hours

Closed

Parking

7:00AM-10:00PM (enter before 9:00PM)

●かごっま温泉

Opening hours 8:00AM-00:00AM

Closed

Parking

Address 3-28 Yasui-cho, Kagoshima Cit

oring quality Simple hot springs

Kagomma Onsen

(free for 60 minutes) ¥460/13yrs and over, ¥150/7-12yrs, ¥80/6yrs and under

General bath, electric bath, air bubble bath, sauna, medicinal bath, cold water bath, salt bath (salt is rubbed into the skin before entering the bath)



● 「桜島」溶岩なぎさ公園 足湯

# (9) "Sakurajima" Yogan Nagisa Park Footbath

C 099-298-5111 (Tourism Exchange Center)

A 100-meter-long foot bath the longest in Japan!





Admission free

Spring quality Sodium chloride springs Bath Type Foot bath

●桜島シーサイドホテル

# Sakurajima Seaside Hotel

€ 099-221-2121

Feeling the sea breeze and soaking yourself in an outdoor bath is extraordinary.





Onsen data

Bath fee for Hotel guests only

Spring quality Chloride springs

Bath Type General bath, open-air bath S R 🗣 B 🔳 🗅

●国民宿舎 レインボー桜島・桜島マグマ温泉

# Rainbow Sakurajima Inn, Sakurajima Magma Onsen

In private bathtubs

€ 099-293-2323

Feel the power of magma while viewing Kinko Bay.

Address 1722-16 Sakurajimayokoyama-cho, Kagoshima City Opening hours

heck-in: 3:00 PM/Check-out: 10:00 AM Parking:60 cars

Contact the facility for price information.

Bath fee for day trippers (Prices are subject to change from October 1, 2025.) ¥390/Adults, ¥150/12yrs and under/10:00AM-10:00PM (only on Wednesdays 1:00PM-) Open: Everyday Private bath:¥1,100/60min

Spring quality Chloride springs

Bath Type General bath, sauna, cold water bath, electric bath, private bath (1 room)

Toiletries S R S B T D

The men's bathroom is equipped with a two-in-one shampoo the ladies' bathroom is equipped with shampoo and conditioner

# SAKURAJIMA ISLAND VIEW

Explore Sakurajima's nature and sightseeing spots by the "SAKURAJIMA ISLAND VIEW", a bus that goes around the major sightseeing locations in Sakurajima! The roughly one hour long loop is a great way to enjoy all the major sightseeing spots.

# Sakurajima Island View Fars

One-trip Ticket Adults 230 yen/Children 120 yen One-day Pass

Adults 500 yen/Children 250 yen

\*One-Day Pass for Sakurajima Island View buses includes a coupon for Magma Onsen in Rainbow Sakurajima Inn. \*\*Does not apply to Kagoshima City View Bus, city trams/buses, and other local buses. \*\*This pass can be purchased on the bus or at the Kagoshima Chuo Station Tourist Information Center.

Contact:

Contact

Kagoshima City Transportation Bureau Bus Management Division 2099-257-2117 Kagoshima City Tourism Advancement Division ☎099-216-1327

Timetable (55 minute course with departures every 30 minutes)															
	Timetable														
Number of services	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
Course Bus Stops	В	Α	В	Α	В	Α	В	Α	В	Α	В	Α	В	Α	В
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1	10:25	10:55	11:25	11:55	12:25	12:55	13:25	13:55	14:25	14:55	15:25	15:55	16:25	16:55	17:25

\*\*The "CUTE" or "SAKURAJIMA ISLAND VIEW" one-day tickets are recommended for those wishing to hop on and off for sightseeing.

# **Kagoshima City Tourism Advancement Division**

11-1 Yamashita-cho, Kagoshima City

TEL (099) 216-1327 FAX (099) 216-1320 HP https://www.kagoshima-yokanavi.jp/en

